

Pasta Carbonara



Perfect for camping, hiking, emergency food storage, and military rations

Rating: Not Rated Yet

Price

8,90 €

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Manufacturer[Good Mood Meals](#)

Description

Creamy & Delicious Pasta Carbonara – A Classic Comfort Meal Anywhere. Enjoy the rich and creamy taste of freeze-dried Pasta Carbonara, perfect for camping, hiking, or emergency food storage. This lightweight and long-lasting meal is packed with flavor, combining pasta, a creamy sauce, and savory smoked ingredients for a satisfying experience. Just add hot water for a restaurant-quality dish, anytime, anywhere.

- ? 8-year shelf life
- ? Lightweight & quick to prepare
- ? Rich & creamy
- ? No refrigeration needed

Ingredients

Macaroni 50% (durum wheat semolina, water); sauce (processed cheese (curd,cheese 32.7%, milk proteins, water, butter, emulsifying salt (E

Main Dishes with Meat: Pasta Carbonara

331)), carrots, cream, rapeseed oil, corn starch, hard cheese, onions,spices, salt, hot smoked pork (pork ham 96%, salt, wheat fibre, garlic granules, dextrose, black pepper).

Allergen Information

Contains: Gluten (wheat), Milk.
May contain traces of: Eggs, Soy, Celery, Mustard, Sesame, Cereals.

Nutritional Value

Nutritional Value	100 g	120 g
Energy	2004 kJ / 478 kcal	2292 kJ / 547 kcal
Fat	19.9 g	25.3 g
– of which saturates	8.5 g	14.0 g
Carbohydrates	49.7 g	65.5 g
– of which sugars	4.3 g	8.0 g
Fibre	3.5 g	5.3 g
Protein	23.2 g	24.1 g
Salt	3.7 g	4.0 g